CHORE CHART

It was tough enough maintaining a home before you gave birth, and it takes a while to get organized afterward. If you are having the chore wars with your partner, use this guide to divvy things up. It seems a little ridiculous, we know, but it helps to see exactly what needs to be done, and to actually make decisions rather than trying to read each other's minds.

CHORES	ME	YOU	TAKE TURNS
DAILY			
change diapers			
make the bed			
prep meals			
cook meals			
do dishes			
dress baby			
play with baby			
take baby to day care/babysitter			
pick up baby from day care/babysitter			
feed baby			
clean up today's mess			
bathe baby			
put baby in pajamas			
put baby to bed			
empty diaper pail			
run errands			

CHORES	ME	YOU	TAKE TURNS
WEEKLY			
do laundry			
shop for groceries			
make weekend plans			
find a babysitter			
clean the bathroom			
dust			
vacuum			
do yard work/mow lawn			
take out trash			
pick up dry cleaning			
change sheets			
clean refrigerator			
have "me time" (okay, it's not a chore, but both of you need some!)			
MONTHLY			
do bulk shopping (diapers, wipes, paper towels, and more)			
take baby to doctor appointments			
pay bills/deal with mail			
YEARLY			
plan vacation			
plan birthdays/celebrations/parties			